

South West District Palliative Care Annual Hike

**Walk, Bike, Run, Stroll
Sunday, May 3th, 2026**

**Lions Manor, Stonewall
Registration: 9:00 – 10:15 am
Hike start: 10:30 am
Breakfast: 9:00 a.m. to noon**

**You can collect pledges in support of
South West District Palliative Care on-line
as well at the link below.**

**[2026 SWDPC Annual Hike in
Support of SWDPC Canadahelps](#)**

**Deadline for pledges is May 10th, 2026
Contact one of the following board
members for drop off or pick up:**

Sandra (Stonewall) at 204-229-4000
Karen (Stonewall) at 204-461-2835
Betty (Stonewall) at 204-467-8439
Dennis (Stonewall) at 204-799-7953
Doris (Warren) at 204-322-5639
Gail (Marquette) at 204-771-7612
Maureen (Marquette) at 204-793-0782
Rhonda (Balmoral) at 204-391-9008
Jen (Stony Mountain) at 204-513-1728 or
admin@swdpc.com



**Our Nav-CARE program launched in June
2023. This is a free program designed to
offer support to people who may be
experiencing a period of loneliness, have a
chronic condition or are in declining
health. For more info on the program,
contact Gwen at 204 404 3030.**

Since 1997 South West District Palliative Care has worked to support end of life care for clients and their families in the Towns of Stonewall and Teulon and the surrounding municipalities of Rosser, Rockwood, Woodlands and part of Armstrong in Manitoba, Canada.

The SWDPC program includes volunteer support, education, and emotional support through our NavCare program which is dependent on donations and community support for its funding.

BOX 1282, STONEWALL, MB R0C 2Z0
admin@swdpc.com
website: swdpc.com



***Come Walk
with us!***

What's Happening?

People collect pledges and then hike to raise public awareness of our NavCARE program. This major fundraising initiative helps us advance initiatives in our local community, including our Nav-Care program.

Team Up!

Form a team and walk with friends, family, or coworkers. Simply designate a team captain, choose a team name and have a ton of fun together.

You can set up a team or individual page for online donations by clicking the link below
**[2026 SWDPC Annual Hike in Support of
SWDPC Canadahelps](#)**

**Visit our website at:
swdpc.com**

**Many THANKS to the community for
your support!**

