

Written & Produced by: *Gwen Sharp, Volunteer Coordinator*

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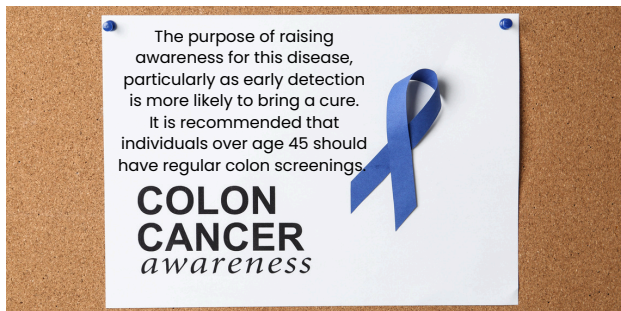


### Greetings from Gwen

Hello to all! Spring is near Looking ahead to our goal of 60 clients before the end of June 2025 - my question is this:

#### Who do you know?

We currently have a total of 46 clients. Several outreach presentations are planned this spring... however, I'd like to meet some of the people you know who would benefit from our support.



### Volunteer Opportunities

Looking for volunteers who may be interested in helping in ways other than client visits.

Some examples are:

- Social Media post creation
- Monthly Newsletter information
- Information gathering - with specific direction
- Event planning and/or assisting



### Upcoming Events

- March 17 - St Patrick's Day
- **March 20 - SPRING!!!**
- March 20 - Nav CARE Meet & Greet at Stonewood Place ~ Stonewall
- **March 21 - Gwen in St Laurent**
- May 4 - Hiking for Hospice fundraiser (details to follow)
- **May 9 - Let No One Be Alone - tea party**
- May - SWDPC Annual General Meeting



### Complimentary Transportation

Please inform your clients, if they are needing transportation to events and appointments we have access to complimentary transportation. This service is available through Age Friendly for a limited time.

Rides can be arranged by calling me at 204-404-3030



### Tea Party for All!

Let No One Be Alone  
Tea Party

This event is open to all. It is to encourage social interaction and connection. All volunteers, clients, friends and family are invited.

\*More details will follow\*